

Bolton Community Practice – Patient Bulletin

5 May 2021

Issue 14

BOLTON COMMUNITY PRACTICE PATIENT ADVISORY GROUP (PAG)



Food Poverty

During the recent pandemic, many families and individuals have found themselves in a situation where they are not able to access sufficient or adequate food through no fault of their own.

Food poverty is complex with multiple factors and can affect anyone when their home circumstances change suddenly. The impacts of not eating a healthy balanced diet could include heart disease, type 2 diabetes, and other diet related health conditions. Food poverty can also affect a child's learning ability as it may lead to poor physical health and motor skills making it harder for children to concentrate at school.

Food banks have been created to give people help when it is needed. They collect food through partnership working and this is distributed to people facing economic hardship.

If anyone wishes to donate food or toiletries, please contact:

The Crescent Foodbank

<https://www.crescentfoodbank.org.uk> ;

Urban Outreach

<https://www.urbanoutreach.co.uk>

look for a collection bin at the local supermarket

or contact the surgery direct.

If you are in a position where you are not able to purchase food, please contact the surgery in confidence for advice or an agency referral.

New GP

We would like to welcome Dr Khonat who recently joined the surgery.

Dr Khonat trained at the University of Liverpool and completed his GP training in Bolton. His clinical interests include men's health and chronic disease management.

He is also involved in the teaching and training of students at the Universities of Bolton, Manchester and Liverpool, and sits as a tribunal member for fitness to practice hearings at the MPTS (Medical Practitioners Tribunal Service).

Outside of work he is part chef, father and an aviation enthusiast.

BCP Contact details (01204 463444)

BCP website: (Bolton Community Practice)
<https://www.boltoncommunitypractice.nhs.uk/>

BCP email: (Bolton Community Practice)
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Check out our Patient Advisory Group Webpage' at <https://www.boltoncommunitypractice.nhs.uk/patient-advisory-group>